

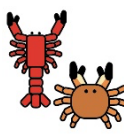

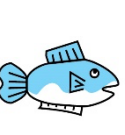


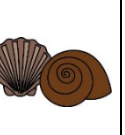

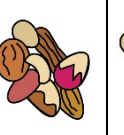
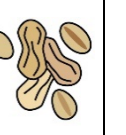

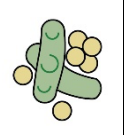





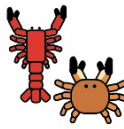
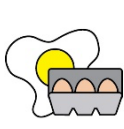

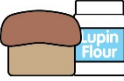








Dishes and their allergen content



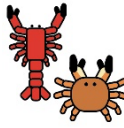
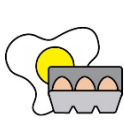
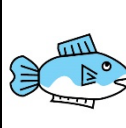




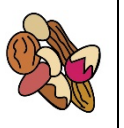
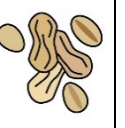



(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)



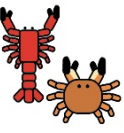
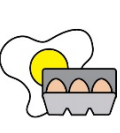
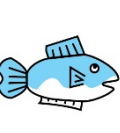
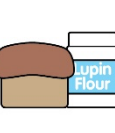



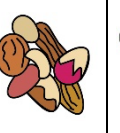
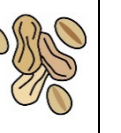

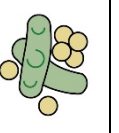

| Dishes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts† | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Palm English Breakfast | | X | | X | | | X | | | | | | X | |
| Palm Big Breakfast | | X | | X | | | X | | | | | | X | |
| Plant Based Breakfast | | X | | | | | | | | | | | X | |
| Avocado and Tomato on Sourdough | | X | | X | | | | | | | | | | |
| Palm Eggs Salmon | | X | | X | X | | X | | | | | | X | |
| Palm Eggs Bacon | | X | | X | | | X | | | | | | X | |
| Palm Eggs Spinach | | X | | X | | | X | | | | | | X | |
| Mushrooms on Sourdough | | X | | X | | | | | | | | | | |
| Salmon Crossaint | | X | | X | X | | X | | | | | | | |

Review date:

Reviewed by:

| Dishes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------------------|--|--|--|--|---|--|--|---|--|--|--|--|--|--|
| Breakfast | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts [†] | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Pancakes Maple Syrup and Bacon | | X | | X | | | X | | | | | | | |
| Pancakes Yoghurt and Fruit | | X | | X | | | X | | | | | | | |
| Breakfast Bap | | X | | X | | | X | | | | | | | |
| Fruit and Yoghurt Bowl | | X | | | | | | | | X | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |

| Dishes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| LUNCH | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts† | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Homemade Meatballs | | X | | | | | X | | | | | | | X |
| Pie of the Day | | X | | X | | | X | | | | | | | X |
| Chicken Ceasar Salad | | X | | | | | X | | | | | | | |
| Vegan Burger | | | | | | | | | | | | | | |
| Chicken Sandwich | | X | | | | | | | | | | | | |
| Fish Finger Ciabatta | | X | | | X | | | | | | | | | |
| Goats Cheese Beetroot Salad | | | | | | | X | | X | | | | | X |
| Beef Burger | | X | | | | | X | | | | | | | |
| Fishcakes | | X | | X | X | | X | | | | | | | |

| Dishes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------------|--|--|--|--|--|---|--|--|--|--|--|--|--|--|
| Light Bites | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts [†] | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Quiche of the day | | X | | X | X | | X | | | | | | | |
| Calamari | | | | | X | | | | | | | | | |
| Greek Salad | | | | | | | X | | | | | | | |
| Chicken wings | | X | | | | | X | | | | | | | |
| Aranachini | | X | | | | | | | X | | | | X | |
| Prawn Skewer | | | X | | | | | | | | | | | X |
| Grazing Board | | X | | | | | X | | | | | X | | |
| Truffle mac and cheese | | X | | | | | X | | | | | | | |
| | | | | | | | | | | | | | | |

